ASSESSMENT OF LAGGING SKILLS AND UNSOLVED PROBLEMS (Rev. 12/5/08)

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LAGGING SKILLS

- Difficulty handling transitions, shifting from one mindset or task to another
- Difficulty doing things in a logical sequence or prescribed order
- Difficulty persisting on challenging or tedious tasks
 Poor sense of time
- _____Difficulty reflecting on multiple thoughts or ideas simultaneously
- Difficulty maintaining focus
- Difficulty considering the likely outcomes or consequences of actions (impulsive)
- Difficulty considering a range of solutions to a problem
- Difficulty expressing concerns, needs, or thoughts in words
- Difficulty understanding what is being said
- Difficulty managing emotional response to frustration so as to think rationally
- Chronic irritability and/or anxiety significantly impede capacity for problem-solving or heighten frustration
- Difficulty seeing the "grays"/concrete, literal, black-and-white, thinking
- Difficulty deviating from rules, routine
- Difficulty handling unpredictability, ambiguity, uncertainty, novelty
- _____Difficulty shifting from original idea, plan, or solution

Difficulty taking into account situational factors that would suggest the need to adjust a plan of action

- Inflexible, inaccurate interpretations/cognitive distortions or biases (e.g., "Everyone's out to get me," "Nobody likes me," "You always blame me, "It's not fair," "I'm stupid")
 - _Difficulty attending to or accurately interpreting social cues/poor perception of social nuances
- Difficulty starting conversations, entering groups, connecting with people/lacks other basic social skills
- _____Difficulty seeking attention in appropriate ways
- Difficulty appreciating how his/her behavior is affecting other people
- Difficulty empathizing with others, appreciating another person's perspective or point-of-view
- Difficulty appreciating how s/he is coming across or being perceived by others

UNSOLVED PROBLEMS

HOME

- _____ Waking up/getting out of bed in the morning
- Completing morning routine/getting ready for school
- Sensory hypersensitivities
- Starting or completing homework or a particular academic task
- Food quantities/choices/preferences/timing
- Time spent in front of a screen (TV, video games, computer)
- Going to/getting ready for bed at night
- _____ Boredom
- Sibling interactions
- Cleaning room/completing household chores
- Taking medicine
- Riding in car/wearing seatbelt

SCHOOL

- _____ Shifting from one specific task to another (specify)
- Getting started on/completing class assignment (specify)
- Interactions with a particular classmate/teacher (specify)
- Behavior in hallway/at recess/in cafeteria/on school bus/waiting in line (specify)
- _____ Talking at appropriate times
- Specific academic tasks/demands, e.g., writing assignments (specify)
- Handling disappointment/losing at a game/not coming in first/not being first in line (specify)

OTHERS (list)