ASSESSMENT OF LAGGING SKILLS AND UNSOLVED PROBLEMS (Rev. 12/5/08)

Child’s Name __________________________________________    Date __________________

LAGGING SKILLS

_____ Difficulty handling transitions, shifting from one mindset or task to another
_____ Difficulty doing things in a logical sequence or prescribed order
_____ Difficulty persisting on challenging or tedious tasks
_____ Poor sense of time
_____ Difficulty reflecting on multiple thoughts or ideas simultaneously
_____ Difficulty maintaining focus
_____ Difficulty considering the likely outcomes or consequences of actions (impulsive)
_____ Difficulty considering a range of solutions to a problem
_____ Difficulty expressing concerns, needs, or thoughts in words
_____ Difficulty understanding what is being said
_____ Difficulty managing emotional response to frustration so as to think rationally
_____ Chronic irritability and/or anxiety significantly impede capacity for problem-solving or heighten frustration
_____ Difficulty seeing the “grays”/concrete, literal, black-and-white, thinking
_____ Difficulty deviating from rules, routine
_____ Difficulty handling unpredictability, ambiguity, uncertainty, novelty
_____ Difficulty shifting from original idea, plan, or solution
_____ Difficulty taking into account situational factors that would suggest the need to adjust a plan of action
_____ Inflexible, inaccurate interpretations/cognitive distortions or biases (e.g., “Everyone’s out to get me,”
   “You always blame me,” “It’s not fair,” “I’m stupid”)
_____ Difficulty attending to or accurately interpreting social cues/poor perception of social nuances
_____ Difficulty starting conversations, entering groups, connecting with people/lacks other basic social skills
_____ Difficulty seeking attention in appropriate ways
_____ Difficulty appreciating how his/her behavior is affecting other people
_____ Difficulty empathizing with others, appreciating another person’s perspective or point-of-view
_____ Difficulty appreciating how s/he is coming across or being perceived by others

UNSOLVED PROBLEMS

HOME

_____ Waking up/getting out of bed in the morning
_____ Completing morning routine/getting ready for school
_____ Sensory hypersensitivities
_____ Starting or completing homework or a particular academic task
_____ Food quantities/choices/preferences/timing
_____ Time spent in front of a screen (TV, video games, computer)
_____ Going to/getting ready for bed at night
_____ Boredom
_____ Sibling interactions
_____ Cleaning room/completing household chores
_____ Taking medicine
_____ Riding in car/wearing seatbelt

SCHOOL

_____ Shifting from one specific task to another (specify)
_____ Getting started on/completing class assignment (specify)
_____ Interactions with a particular classmate/teacher (specify)
_____ Behavior in hallway/at recess/in cafeteria/on school bus/waiting in line (specify)
_____ Talking at appropriate times
_____ Specific academic tasks/demands, e.g., writing assignments (specify)
_____ Handling disappointment/losing at a game/not coming in first/not being first in line (specify)

OTHERS (list)

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